

# Apricot Sunflower Bar

## Nutrition Facts

Serving Size 1.5 ounces  
Servings Per Container 2  
Total Package Weight 3 ounces

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Amount Per Serving

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**Calories** 185.6

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**Calories from Fat** 78.1

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% Daily Value\*

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**Total Fat** 8.7 g 13%

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Saturated Fat 1 g 5%

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Trans Fat 0 g

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**Cholesterol** 0 mg 0%

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**Sodium** 8.3 mg 0%

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**Total Carbohydrates** 22.8 g 8%

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Dietary Fiber 2.7 g 11%

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Sugars 9.9 g

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**Protein** 4.4 g

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Vitamin A 5%

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Vitamin C 1%

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Calcium 1%

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Iron 6%

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**Ingredients:** Apricot Sunflower Bars (organic rolled oats, wildflower honey, organic turkish apricots, organically grown dry roasted unblanched peanuts, organic bananas, certified organic wheat flour, canola oil, cranberries, sunflower Seeds (sunflower seeds, peanut oil, salt))

**Allergens:** wheat, peanuts, oats

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

# 8 Uf 'Chocolate '6 UbUbU Bar

## Nutrition Facts

Serving Size 1.5 ounces  
Servings Per Container 2  
Total Package Weight 3 ounces

Amount Per Serving

**Calories** 199.6

**Calories from Fat** 85.3

% Daily Value\*

**Total Fat** 9.5 g 15%

Saturated Fat 2.2 g 11%

Trans Fat 0 g

**Cholesterol** 0 mg 0%

**Sodium** 0.4 mg 0%

**Total Carbohydrates** 24.6 g 8%

Dietary Fiber 2.6 g 11%

Sugars 10.9 g

**Protein** 4.3 g

Vitamin A 0%

Vitamin C 1%

Calcium 1%

Iron 7%

**Ingredients:** Banana Chocolate Bars (organic rolled oats, organic bananas, Dark Chocolate Semi Sweet Chocolate Chunks (sugar, chocolate liquor, anhydrous dextrose, cocoa butter, soy lecithin, vanilla extract), wildflower honey, certified organic wheat flour, organically grown dry roasted unblanched peanuts, canola oil)

**Allergens:** wheat, peanuts, soy, oats

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# Coconut Almond Bar

## Nutrition Facts

Serving Size 1.5 ounces  
Servings Per Container 2  
Total Package Weight 3 ounces

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Amount Per Serving

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**Calories** 213

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**Calories from Fat** 113.9

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% Daily Value\*

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**Total Fat** 12.7 g 19%

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Saturated Fat 3 g 15%

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Trans Fat 0 g

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**Cholesterol** 0 mg 0%

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**Sodium** 1.3 mg 0%

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**Total Carbohydrates** 19.8 g 7%

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Dietary Fiber 3 g 12%

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Sugars 6.8 g

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**Protein** 5.3 g

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Vitamin A 0%

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Vitamin C 1%

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Calcium 2%

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Iron 6%

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**Ingredients:** Coconut Almond Bars (organic rolled oats, wildflower honey, almonds, organically grown dry roasted unblanched peanuts, organic bananas, certified organic wheat flour, canola oil, organic Coconut Milk (organic coconut, water, guar gum), organic coconut)

**Allergens:** wheat, peanuts, tree nuts, oats

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

# Walnut Dark Chocolate Cranberry Bar

## Nutrition Facts

Serving Size 1.5 ounces  
Servings Per Container 2  
Total Package Weight 3 ounces

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Amount Per Serving

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**Calories** 198.8

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**Calories from Fat** 92.5

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% Daily Value\*

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**Total Fat** 10.3 g 16%

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Saturated Fat 1.7 g 9%

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Trans Fat 0 g

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**Cholesterol** 0 mg 0%

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**Sodium** 0.4 mg 0%

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**Total Carbohydrates** 22.4 g 7%

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Dietary Fiber 2.7 g 11%

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Sugars 8.9 g

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**Protein** 4.5 g

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Vitamin A 0%

---

Vitamin C 1%

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Calcium 1%

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Iron 6%

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**Ingredients:** Dark Chocolate Walnut Cranberry Bars (organic rolled oats, wildflower honey, certified organic wheat flour, organically grown dry roasted unblanched peanuts, organic bananas, Dark Chocolate Semi Sweet Chocolate Chunks (sugar, chocolate liquor, anhydrous dextrose, cocoa butter, soy lecithin, vanilla extract), canola oil, Cranberries, English walnuts)

**Allergens:** wheat, peanuts, soy, tree nuts, oats

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

# Vegan Carrot Ginger Bar

## Nutrition Facts

Serving Size 1.5 ounces  
Servings Per Container 2  
Total Package Weight 3 ounces

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Amount Per Serving

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**Calories** 183.7

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**Calories from Fat** 77.6

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% Daily Value\*

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**Total Fat** 8.6 g 13%

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Saturated Fat 0.7 g 4%

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Trans Fat 0 g

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**Cholesterol** 0 mg 0%

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**Sodium** 13.7 mg 1%

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**Total Carbohydrates** 22.1 g 7%

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Dietary Fiber 3 g 12%

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Sugars 1.2 g

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**Protein** 4.4 g

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Vitamin A 18%

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Vitamin C 1%

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Calcium 4%

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Iron 8%

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**Ingredients:** Vegan Carrot Ginger Bar (organic rolled oats, unsulfurized Molasses, almonds, organic bananas, organic carrots, organic brown rice flour, canola oil, ginger, cinnamon)

**Allergens:** tree nuts, oats

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

# Mocha White Chocolate Cherry Bar

## Nutrition Facts

Serving Size 1.5 ounces  
Servings Per Container 2  
Total Package Weight 3 ounces

Amount Per Serving

**Calories** 172.4

**Calories from Fat** 52.5

% Daily Value\*

**Total Fat** 5.8 g 9%

Saturated Fat 1.1 g 6%

Trans Fat 0 g

**Cholesterol** 0.5 mg 0%

**Sodium** 5.4 mg 0%

**Total Carbohydrates** 26.8 g 9%

Dietary Fiber 2.1 g 8%

Sugars 13.3 g

**Protein** 3.3 g

Vitamin A 2%

Vitamin C 1%

Calcium 3%

Iron 4%

**Ingredients:** White Mocha Cherry Bars (organic rolled oats, wildflower honey, certified organic wheat flour, organic bananas, Dried Cherries, White Chocolate Chunks (sugar, cocoa butter, whole milk powder, skim milk powder, butteroil, soya lecithin, vanilla extract), canola oil, Espresso, cayenne pepper)

**Allergens:** wheat, soy, milk, oats

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.