

Apricot Sunflower Bar

Nutrition Facts

Serving Size 1.5 ounces
Servings Per Container 2
Total Package Weight 3 ounces

Amount Per Serving

Calories 185.6

Calories from Fat 78.1

% Daily Value*

Total Fat 8.7 g 13%

Saturated Fat 1 g 5%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 8.3 mg 0%

Total Carbohydrates 22.8 g 8%

Dietary Fiber 2.7 g 11%

Sugars 9.9 g

Protein 4.4 g

Vitamin A 5%

Vitamin C 1%

Calcium 1%

Iron 6%

Ingredients: Apricot Sunflower Bars (organic rolled oats, wildflower honey, organic turkish apricots, organically grown dry roasted unblanched peanuts, organic bananas, certified organic wheat flour, canola oil, cranberries, sunflower Seeds (sunflower seeds, peanut oil, salt))

Allergens: wheat, peanuts, oats

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

8 Uf 'Chocolate '6 UbUbU Bar

Nutrition Facts

Serving Size 1.5 ounces
Servings Per Container 2
Total Package Weight 3 ounces

Amount Per Serving

Calories 199.6

Calories from Fat 85.3

% Daily Value*

Total Fat 9.5 g 15%

Saturated Fat 2.2 g 11%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0.4 mg 0%

Total Carbohydrates 24.6 g 8%

Dietary Fiber 2.6 g 11%

Sugars 10.9 g

Protein 4.3 g

Vitamin A 0%

Vitamin C 1%

Calcium 1%

Iron 7%

Ingredients: Banana Chocolate Bars (organic rolled oats, organic bananas, Dark Chocolate Semi Sweet Chocolate Chunks (sugar, chocolate liquor, anhydrous dextrose, cocoa butter, soy lecithin, vanilla extract), wildflower honey, certified organic wheat flour, organically grown dry roasted unblanched peanuts, canola oil)

Allergens: wheat, peanuts, soy, oats

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Coconut Almond Bar

Nutrition Facts

Serving Size 1.5 ounces
Servings Per Container 2
Total Package Weight 3 ounces

Amount Per Serving

Calories 213

Calories from Fat 113.9

% Daily Value*

Total Fat 12.7 g 19%

Saturated Fat 3 g 15%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 1.3 mg 0%

Total Carbohydrates 19.8 g 7%

Dietary Fiber 3 g 12%

Sugars 6.8 g

Protein 5.3 g

Vitamin A 0%

Vitamin C 1%

Calcium 2%

Iron 6%

Ingredients: Coconut Almond Bars (organic rolled oats, wildflower honey, almonds, organically grown dry roasted unblanched peanuts, organic bananas, certified organic wheat flour, canola oil, organic Coconut Milk (organic coconut, water, guar gum), organic coconut)

Allergens: wheat, peanuts, tree nuts, oats

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Walnut Dark Chocolate Cranberry Bar

Nutrition Facts

Serving Size 1.5 ounces
Servings Per Container 2
Total Package Weight 3 ounces

Amount Per Serving

Calories 198.8

Calories from Fat 92.5

% Daily Value*

Total Fat 10.3 g 16%

Saturated Fat 1.7 g 9%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0.4 mg 0%

Total Carbohydrates 22.4 g 7%

Dietary Fiber 2.7 g 11%

Sugars 8.9 g

Protein 4.5 g

Vitamin A 0%

Vitamin C 1%

Calcium 1%

Iron 6%

Ingredients: Dark Chocolate Walnut Cranberry Bars (organic rolled oats, wildflower honey, certified organic wheat flour, organically grown dry roasted unblanched peanuts, organic bananas, Dark Chocolate Semi Sweet Chocolate Chunks (sugar, chocolate liquor, anhydrous dextrose, cocoa butter, soy lecithin, vanilla extract), canola oil, Cranberries, English walnuts)

Allergens: wheat, peanuts, soy, tree nuts, oats

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Vegan Carrot Ginger Bar

Nutrition Facts

Serving Size 1.5 ounces
Servings Per Container 2
Total Package Weight 3 ounces

Amount Per Serving

Calories 183.7

Calories from Fat 77.6

% Daily Value*

Total Fat 8.6 g 13%

Saturated Fat 0.7 g 4%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 13.7 mg 1%

Total Carbohydrates 22.1 g 7%

Dietary Fiber 3 g 12%

Sugars 1.2 g

Protein 4.4 g

Vitamin A 18%

Vitamin C 1%

Calcium 4%

Iron 8%

Ingredients: Vegan Carrot Ginger Bar (organic rolled oats, unsulfurized Molasses, almonds, organic bananas, organic carrots, organic brown rice flour, canola oil, ginger, cinnamon)

Allergens: tree nuts, oats

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Mocha White Chocolate Cherry Bar

Nutrition Facts

Serving Size 1.5 ounces
Servings Per Container 2
Total Package Weight 3 ounces

Amount Per Serving

Calories 172.4

Calories from Fat 52.5

% Daily Value*

Total Fat 5.8 g 9%

Saturated Fat 1.1 g 6%

Trans Fat 0 g

Cholesterol 0.5 mg 0%

Sodium 5.4 mg 0%

Total Carbohydrates 26.8 g 9%

Dietary Fiber 2.1 g 8%

Sugars 13.3 g

Protein 3.3 g

Vitamin A 2%

Vitamin C 1%

Calcium 3%

Iron 4%

Ingredients: White Mocha Cherry Bars (organic rolled oats, wildflower honey, certified organic wheat flour, organic bananas, Dried Cherries, White Chocolate Chunks (sugar, cocoa butter, whole milk powder, skim milk powder, butteroil, soya lecithin, vanilla extract), canola oil, Espresso, cayenne pepper)

Allergens: wheat, soy, milk, oats

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